

## RÍAS BAJAS

**ESCLAVITUD** a remarkable 18th century Marian shrine.

**IRIA FLAVIA** it was a very important site of roman emperors, and was the Episcopal See from the early times of the christianity. Collegiate church with pointed arches and romanesque columns.



**PADRÓN** medieval town with a very important jacobean tradition, lying between the rivers Sar and Ulla. Land of poets like Rosalía de Castro, Macías, Rodrigo de Padrón, Camilo José Cela.



**PUNTECESURES** medieval bridge over Ulla river which separates La Coruña and Pontevedra provinces. It is the beginning of Arosa Estuary.

**O' GROVE** it has the best Galician seafood.



**ISLA DE A TOXA** (stop) a dream like an island. A very luxurious tourist resort with one of the best hotel, Spa and Springs in Galicia form making the famous black soap of La Toja. There are also Apartments, Casion and beaches.



**A LANZADA** beach of 4 km. Long open to the Atlantic ocean. Romanesque church from the 12th century dedicated to Mary.

**PORTONOVO** small fishing villa.

**SANXENXO** modern tourist resort with promenades and beach.



## CATOIRA view of Arosa Estuary.



## CARRIL (stop) View of Cortegada Island. Description of marine cultures.

## VILAGARCÍA DE AROUSA it was the first international port in Galicia.

## VILAXOAN Manor house of Sobrán and a romanesque church.

## CAMBADOS (stop) Fefiñanes Manor house dating from the 16th century. Manor house of Bazán, nowadays being a three star Parador. Port and fish market. Good wine and excellent shellfish.



## LUNCH

## COMBARRO (stop) declared as monumental place because of its narrow medieval streets, granaries and stone-crosses. Walking-visit.

## PONTEVEDRA (stop) provincial capital which is surrounded by Lerez river. Walkingtour to see St. Mary, San Francisco and the Pilgrim madonna churches.



## CALDAS DE REIS thermal waters discovered by the romans. Spas and Umia river.

## RETURN: approximately at 6 p.m.