

RÍAS BAJAS

LOW ESTUARIES AND THE LANDSCAPES OF "SEA INSIDE"

A BARBANZA is a peninsula which harmonize with the hilly landscapes and the skylines of the estuaries and open coasts. Prehistoric memories, "savoir vivre" in free time combined with a busy fishing activity. The whole BARBANZA is a combination of marvellous landscapes which can be admires by following our itinerary.

PADRÓN (stop) medieval town with a very important jacobean tradition lying between the rivers Sar and Ulla. Land of poets like Rosalía de Castro, Macías, Rodrigo de Padrón, Camilo José Cela.



RIANXO small harbour crowded with boats. Foremost figures of Galician Literature were born here; the brilliant artist Castelao, the avant-garde poet Manuel Antonio and the elegant writer Rafael Dieste.



MONTE CUROTA 861 m high. It's the top of the Barbanza mountains; sanctuary of the nature. From the Natural balcony " Valle Inclan" of national importance at 498m we can get a most impressive view to the Arosa Estuary among wild horses.

LUNCH

SANTA UXÍA DE RIBEIRA prosperous town, the third best fishing village of Galicia and the fifth overall in Spain; shellfish, sardine, whiting.

CORRUBEDO views over the probably most beautiful dune of Galicia and visit to the lighthouse.



DOLMEN DE AXEITOS is one of a large number of dolmens in Galicia, which remember a former style of live.



PONTE GOIANES Manor house which is called "Torres de Goianes", rebuilt by Domingo de Andrade on the 17th. Century.

PUEBLA DE CARAMIÑAL (stop) a quaint villa, composed of two parts; "Puebla del Deán", quarter of nobility and former places, and "Santa Maria del Caramiñal", marine district where the salting industry grew up.



CASTRO DE BAROÑA faced to a magnificent and tidal wave beach. It was excavated and opened for tourists, who admires the art and living of the celtics.



RETURN: approximately at 6 p.m.